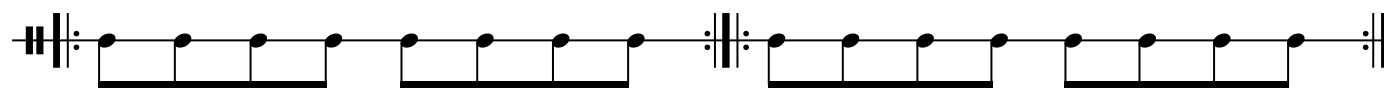


Warmth

Repeat each measure as long as you'd like

8s



8s exercise notation showing two measures of eighth notes. The first measure contains eight right-hand notes (R), and the second measure contains eight left-hand notes (L). Each measure is repeated as indicated by the repeat sign.

R R R R R R R R L L L L L L L L

Singles

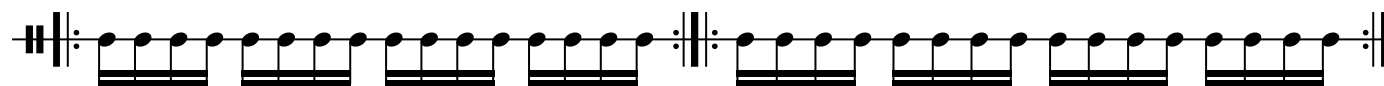


Singles exercise notation showing two measures. The first measure contains eight single notes (B), and the second measure contains four double notes (R L) followed by four rests. Each measure is repeated as indicated by the repeat sign.

B B B B B B B B R L R L

Diddles

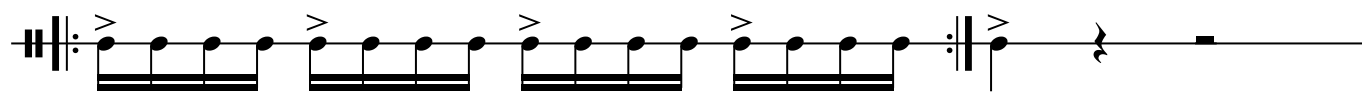
Single Diddles



Diddles exercise notation showing two measures of eighth notes. The first measure contains four pairs of eighth notes (R R L L) followed by four rests. The second measure contains four pairs of eighth notes (R L R L). Each measure is repeated as indicated by the repeat sign.

R R L L R L R L R L R L R R L L R R L L

Accent Paradiddles



Accent Paradiddles exercise notation showing two measures. The first measure contains four groups of eighth notes with accents (R l r r L r l l R l r r L r l l). The second measure contains one group of eighth notes with an accent (R) followed by a rest. Each measure is repeated as indicated by the repeat sign.

R l r r L r l l R l r r L r l l R